

LEARNING SKILLS WORKSHOPS

APRIL CALENDAR - LAKESHORE

MON	TUES	WED	THURS	FRI
2 1:35pm-2:25pm Stress Management	3 10:45am-11:35am Tips for Multiple Choice	4 1:35pm-2:25pm "I'm too busy" How to Manage Your Time	5	6
9 1:35pm-2:25pm Calm & Confident Test Prep & Taking	10 1:35pm-2:25pm Memory and Concentration <i>*Live Stream</i>	11 2:25pm-3:15pm Tips for Multiple Choice	12 10:45am-11:35am Calm & Confident Test Prep & Taking	13
16 12:35pm-1:25pm Calm & Confident Test Prep & Taking <i>*Live Stream</i>	17 10:45am-11:35am Tips for Multiple Choice Tests	18 2:25pm-3:15pm Chill It's All Good! How to Manage Your Stress	19	20
23 1:35pm-2:25pm Calm & Confident Test Prep & Taking	24 10:45am-11:35am Chill It's All Good! How to Manage Your Stress	25 10:45am-11:35am Tips for Multiple Choice	26	27



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All workshops are held in **WEL207**
 Located on the 2nd floor of the Student Welcome Centre

**Live Stream* selected workshops from home
 Visit: <http://humber.ca/learningresources/workshops>

**WE ARE
 PEER ASSISTED
 LEARNING SUPPORT**