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ANXIETY

Find out how at one of our workshops!

Drop by to check out one of our 50 minute presentations.

No sign up is required and each presentation will begin promptly at the times indicated.

**Student Welcome and
Resource Centre – WEL207**

- * **Tuesday October 3 @ 10:30 a.m**
- * **Thursday October 5 @ 2:30 p.m.**

